

5 Tips for checking and adjusting privacy settings



Privacy settings can help you indicate whether you consent to the collection, use and disclosure of your information.

Here are 5 tips to help you increase control over how your personal information is handled online:



Before you sign up for a service or download an app, learn about what personal information is collected and the privacy controls available. If you're not comfortable, don't sign up for it!



Look for options to turn off location-based settings or limit tracking to when you are using the service.



Coordinate your settings so they stay the same even if you're using different devices.



Explore and adjust privacy settings. (Default settings can often leave you exposed.)



Review your privacy settings often because they can change regularly. Don't think of your settings as something you set and forget.



Office of the
Privacy Commissioner
of Canada

For more information about
using privacy settings, visit
priv.gc.ca/settings